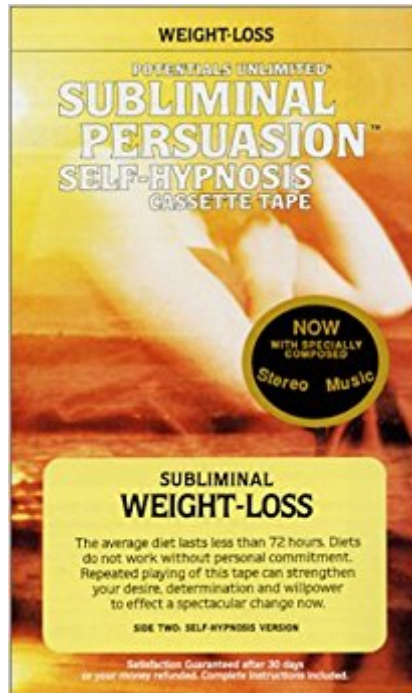


The book was found

# Weight Loss: A Subliminal Persuasion Self Hypnosis



## Synopsis

Losing weight through the power of your mind, truly your unlimited potential. Originally written and recorded by Barrie Konicov during the inception of Potentials Unlimited, hypnosis for Weight Loss has continued to be the #1 bestseller of all time. This Weight loss program will assist you to lose weight with hypnosis like few other programs can. Barrie's unique style and relaxing voice make his subliminal products the proven leader in the field of Weight Loss hypnotherapy. By strengthening your desire, determination and will-power through the use of hypnotherapy Weight Loss programs, you will improve more than just your weight. Your use of Barrie's Weight Loss program will improve your peace of mind, anxiety level and overall well being too. Listen to the Weight Loss recording as you are guided by Barrie to discover a new you.

## Book Information

Audio Cassette

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## Customer Reviews

Dear Barrie, Yes, I have used the weight loss cassette many years ago, with terrific results. I lost 80 lbs. the 1st try. Several years later, I lost 60 lbs. --Sincerely, Judy

Much has changed since 1976 when I began writing and recording my first hypnosis tape, and since 1979 when I recorded my first subliminal tape. My name is Barrie Konicov. I am the author and voice of Potentials Unlimited products. I began my hypnosis career in 1976 by conducting group Weight Loss and Stop Smoking classes in Grand Rapids, Michigan. I wanted to extend the benefits of the class once the people had gone home, so I wrote and recorded these two titles to give away to the class participants. Later, I would go on to write and record over 200 titles. My intention was to

bring the benefits of hypnosis to every household. Standing the test of time, my products have become the standard for hypnosis/subliminal products around the world. Currently, I live in KY while my daughter Stephanie continues the Potentials Unlimited tradition.

it is okay..

Many years ago my overweight cousin and I went cross-country in her van playing this tape from time to time. While it didn't seem to affect her, for the next couple of weeks I lost weight even though I wasn't concerned with weight at that time. I was absolutely amazed with the result but she then lost the tape and I've been looking for it ever since. Thanks, .com!

it is a good tape, i just need to get in the habit of using it every day. i believe it will be a great help.

I was a sceptic until a fellow at a weight loss counselling group gave me this tape after I had complained that I couldn't control my eating binges. At first I noticed I slept much deeper and more restful. Then I started drinking mostly water and cut back on soft drinks and coffee. Pretty soon fast-food TV commercials didn't make me have cravings. I stopped binging. I started walking and exercising. I felt better about myself than I had in years! Not that I had lost so much weight, but mentally I was more positive. Throughout the years, whenever I felt I needed a deep sleep or a mental boost, I'd play the tape. Well, I moved out of the country and lost my tape! I just moved back and I'm so happy to see it available through ! I'm looking forward to hearing his soothing voice and seeing the "violet light" again!

Having trouble just getting started? Too busy, too tired, too whatever? GET THIS TAPE! IT WORKS! I even had a hard time listening to it everyday as instructed and after three weeks I'm "automatically" WANTING to and DOING things that after two years is finally sending my weight down instead of up. Yeah, you still have to cut down on food and you do have to do some exercise, BUT IT DOESN'T HAVE TO BE HARD. I'm pleased with my purchase and will buy another one because I'm afraid my tape will wear out now. I'M LOSING WEIGHT! ME! I CAN'T BELIEVE IT!

While going through a divorce, I tried this. When I took a nap or at night, I'd play it in my bedroom. Not only did I lose 35 pounds over a period of time, I slept better after listening to it. It gives very commonsense advice, but the repetition really helped me. I was so pleased with it, I bought others

by Konicov for everything from improving my bowling, to decision making, to adjusting to the divorce.

I love this tape. Although I'm not quite sure if it really helped me eat less or loss weight. The reason I love it is mainly because I noticed an extreme improvement with my overall anxiety. I noticed how much less I worried and I felt more content. It's easy to fall asleep to and you wake up feeling positive and rested.

I am amazed at the results I have had in the two weeks that I have been using this self-hypnosis/subliminal tape set. I have lost 8 pounds so far, and I also feel that my stress level has dropped significantly. I have tried every diet in the past that you can think of and I have even tried all kinds of prescription diet pills with little or no luck. This is great!

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